

Date: 8/6/25

<b>PREP Grades K-6 LAUSD Breakfast Menu</b> <b>September 8 - 12, 2025</b>					
	Monday 9/8	Tuesday 9/9	Wednesday 9/10	Thursday 9/11	Friday 9/12
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Entrée 1	Cinnamon Pan Dulce <b>V</b>	Morning Beef Sausage Sandwich	<b>NEW-</b> Guava & Apple Pastelito <b>V</b>	Ham & Cheese Croissant	Cinnamon Roll <b>V</b>
Entrée 2	Deluxe Cereal Bowl <b>V</b>	Buttery Maple Waffle <b>V</b>	Yogurt 4 oz. & Crackers <b>V</b>	Deluxe Cereal Bowl <b>V</b>	Yogurt 4 oz. & Nutri-Grain Bar <b>V</b>
Entrée 3 <i>Vegan</i>	Cinnamon Toast Crunch	Morning Magic Bagel	<b>NEW-</b> Guava & Apple Pastelito	Cinnamon Toast Crunch	Morning Magic Bagel
	<b>BIC Sites:</b> Put at least 1 serving of the Vegan option in each BIC bag each day.				
Fruit (½ c)	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Fruit Juice (½ c, 4 oz.)	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice
Milk (8 oz.)	Milk	Milk	Milk	Milk	Milk
Condiments	-	Strawberry Jam	-	-	Strawberry Jam

All the Grain/Bread items served are whole grain rich.

**V** = Vegetarian

#### Deluxe Cereal Bowl

Cinnamon Toast Crunch	Honey Bunches of Oats	Honey Cheerios
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#### Fresh Fruit

Apple	Apple Slices, Red	Banana - <b>Do not order on Mondays</b>		Grapes
Orange	Pear, Bartlett	Plum	Plumcot	Pluot

**Milk (8 oz.)** – Must serve at least two (2) of the following options:

Fat-Free	Low-Fat	Fat-Free Lactose Free
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<b>PREP Grades K-6 LAUSD Lunch Menu</b> <b>September 8 - 12, 2025</b>					
	<b>Monday 9/8</b>	<b>Tuesday 9/9</b>	<b>Wednesday 9/10</b>	<b>Thursday 9/11</b>	<b>Friday 9/12</b>
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
<b>Entrée 1</b> <i>Café LA Favorite</i>	All Star Turkey Hot Dog	Chicken Drumstick & Mashed Potato Honey Biscuit	*Optional: Fresh Topping for all burgers  Cafe LA Burger* <b>AND/OR</b> Cafe LA Cheeseburger*	Zesty Beef & Cheese Chalupa, Bulk & Tortilla Chips & Fresh Salsa	Pepperoni Pizza Wedge <b>AND/OR</b> Cheese Pizza Wedge <b>V</b>
<b>Entrée 2</b>	Beef & Cheese Taquitos & Fresh Salsa	Mac N Cheese <b>V</b> <b>AND/OR</b> Turkey Breast & Cheese Sandwich* *Optional: Fresh Topping	Arroz Con Pollo	BBQ Popcorn Chicken <b>AND/OR</b> Buffalo Popcorn Chicken	Beef Teriyaki Dippers & Carrot Rice Bowl
<b>Entree 3</b> <i>Vegan</i>	Vegan Chik'n Tenders Artisan Roll	*Optional: Fresh Topping for both sandwiches  Chik'n Sandwich* <b>AND/OR</b> Spicy Chik'n Sandwich*	Impossible Burger* *Optional: Fresh Topping	Bean & Veggie Taco Crisp Up	Vegan Teriyaki & Carrot Rice Bowl
<b>*OPTIONAL FRESH TOPPINGS:</b> <i>Fresh Lettuce OR Lettuce &amp; Tomato, AND/OR Fresh Pickles</i>					
<b>Fruit &amp; Veg.</b>	<b>Refer to Harvest Bar or Harvest Stand Menu</b>				
<b>Vegetable (½ c)</b>	<b>No Hot Veg</b>	<b>No Hot Veg</b>	Roasted Potato Wedges	Street Corn	Roasted Potato Wedges
<b>Milk (8 oz.)</b>	Milk	Milk	Milk	Milk	Milk
<b>Treat Item</b>	Offer the Chocolate Chip Cookie (R2641/CMS #2766) once per week as an Extra Treat.				
<b>Condiments</b>	Ketchup, Mustard, Taco Sauce or Tapatio, BBQ Sauce	BBQ Sauce, Ketchup, Mayo, Mustard	Ketchup, Mayo, Mustard, Secret Sauce, Taco Sauce or Tapatio	Taco Sauce or Tapatio, Ketchup	Sriracha Sauce, Ketchup

**All the Grain/Bread items served are whole grain rich.**

**V = Vegetarian**

**Milk (8 oz.)** – Must serve at least two (2) of the following options:

Fat-Free	Low-Fat	Fat-Free Lactose Free	Fat-Free Chocolate	Fat-Free Strawberry
<b>Milk Service Guidelines:</b> <ul style="list-style-type: none"> <li>At least one (1) unflavored milk must always be offered</li> <li>Flavored milk (i.e., chocolate &amp; strawberry) can only be offered to students in 1<sup>st</sup> grade and above.</li> </ul>				

Date: 8/6/25

PREP Grades K-6 LAUSD Supper Menu September 8 - 12, 2025					
	Monday 9/8	Tuesday 9/9	Wednesday 9/10	Thursday 9/11	Friday 9/12
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
⚠️: Shows possible choking hazards or spicy items that may not be served to students under 4 years old. Refer to <i>Guidelines for Serving Students Under 4</i> to select substitutes.					
<b>Entrée 1</b> <i>Hot</i> <b>AND/OR</b> <i>Cold</i>	Bean & Cheese Pupusa <b>V</b>	Longboard Pizza ⚠️ (Chicken & Jalapeno)	Toasted Cheese Sandwich <b>V</b>	Breaded Chicken Sandwich <b>AND/OR</b> Spicy Breaded Chicken Sandwich ⚠️	Taco Bean & Cheese Dip with Tortilla Chips <b>V</b> ⚠️
	Manager's Choice Yogurt Parfait** <b>V</b> Strawberry Graham Crackers	Manager's Choice SUPPER Sandwich**	Chicken Parmesan Wrap	Turkey Stick ⚠️ & String Cheese ⚠️ Cheez-It Crackers	Manager's Choice SUPPER Sandwich**
	<b>Shelf-Stable Meal Kits require AFSS approval to serve:</b> 1. Beef Stick Meal Kit ⚠️, 2. Turkey Stick Meal Kit ⚠️, <b>OR</b> 3. Sunbutter & Jelly Meal Kit <b>V</b> ⚠️				
<b>Entrée 2</b> <i>Vegan</i>	<b>ONLY PROVIDE A VEGAN SUPPER UPON REQUEST.</b> Provide a vegan entrée that is <b>different</b> than what was served for lunch the same day. <b>Entrée Options:</b> <div>             1. Chik'n Nuggets &amp; Artisan Roll              2. Buffalo Chik'n Nuggets ⚠️ &amp; Artisan Roll              3. Vegan Chik'n Tenders &amp; Artisan Roll              4. Chik'n Sandwich              5. Impossible Burger              6. Sunbutter &amp; Strawberry Jelly Sandwich ⚠️              7. Apple Cinnamon Chickpea &amp; Grape Jelly Sandwich ⚠️              8. Spicy Chik'n Sandwich ⚠️           </div>				
<b>Vegetable</b> (½ c)	Cherry Smooth Cup	Potato Smiles	Petite Baby Carrots ⚠️	Paradise Punch Vegetable Juice	Celery Sticks ⚠️
<b>Fruit</b> (½ c)	Fresh Fruit ⚠️	Fresh Fruit ⚠️	Frozen Watermelon Juice Cup	Fresh Fruit ⚠️	Strawberry Creamsicle
<b>Milk</b> (8 oz.)	Milk	Milk	Milk	Milk	Milk
<b>Condiments</b>	Taco Sauce or Tapatio, Tajin	Mayo, Mustard, Ketchup, Tajin	Tajin, <u>Optional</u> : Ranch	BBQ Sauce, Ketchup, Mayo, Mustard, Tajin	Taco Sauce or Tapatio, Mayo, Mustard, Tajin, <u>Optional</u> : Ranch

All the Grain/Bread items served are whole grain rich.

**V** = Vegetarian

**MANAGER'S CHOICE OPTIONS	
<b>SANDWICHES</b>	1. Apple Cinnamon Chickpea & Grape Jelly Sandwich <b>V</b> ⚠️ 2. Toasted Cheese Sandwich <b>V</b> 3. Turkey Breast & Cheese Sandwich 4. Turkey Steak & Cheese Sandwich 5. Tuna Sandwich 6. Sunbutter & Strawberry Jelly Sandwich <b>V</b> ⚠️
<b>PARFAITS</b>	1. Blueberry Parfait <b>V</b> 2. Mango Parfait <b>V</b> 3. Strawberry Parfait <b>V</b>

Date: 8/6/25

**Fresh Fruit**

Apple	Apple Slices, Red	Banana - <b>Do not order on Mondays</b>		Grapes
Orange	Pear, Bartlett	Plum	Plumcot	Pluot

**Milk (8 oz.)** – Must serve at least two (2) of the following options:

Fat-Free	Low-Fat	Fat-Free Lactose Free	Fat-Free Chocolate	Fat-Free Strawberry
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